



Art Birth & Alchemy *Doula* OFFERINGS

UNLOCK THE BENEFITS OF A DOULA WITH OFFERINGS
DESIGNED FOR YOU.

Sacred SANCTUARY

This care package offers full-spectrum support throughout your entire pregnancy journey and into postpartum. It's ideal for mothers seeking comprehensive, elevated care every step of the way.

Prenatal Care

Initial consultation + personalized care plan
Goal-setting (future planning, organization, birth prep)
Birth, lactation, and parenting class referrals and attendance
On-call support (pending availability) upon contract finalization
Digital resource list featuring 30+ local & national organizations focused on maternal health, support and social determinants of health.

Labor Support

24/7 on-call access (2 weeks before and after due date)
Support during labor, including birthing space setup
Personalized comfort care (massage, affirmations, physical support)
Post-birth support and space cleanup (up to 2 hours)
Light errands if needed

Postpartum Care

Initial follow-up + additional visits as needed (up to 12 total)
Lactation counseling and tips
Light home support (meals, laundry, newborn care)
Digital aftercare bundle (herbs, recipes, affirmations, healing guide)
24/7 support up to 6 weeks postpartum

\$2,700.00

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Doula OFFERINGS *Continued*

Golden GROVE

This care package provides partial-spectrum support throughout your pregnancy journey. It's ideal for mothers seeking a more moderate level of care.

Golden Grove Support includes your choice of two of the following care combinations featured in the Sacred Sanctuary or Evergreen Essentials packages:

Prenatal Care + Postpartum Care
Prenatal Care + Labor Support
Labor Support + Postpartum Care
Prenatal Care + Evergreen Essentials

\$1,800.00

Evergreen ESSENTIALS

This care package focuses on resource-rich support and educational consulting throughout your pregnancy journey. It's ideal for mothers who want to deepen their knowledge, access valuable resources, and simply feel more prepared.

Evergreen Essentials support includes:

Support Elements

Attendance at one parenting course
One 2-hour goal-setting session

Consulting Services

30-minute session on natural herbal remedies
1-hour lactation counseling
Digital resource list featuring 30+ local & national organizations focused on maternal health, support and social determinants of health.

\$1,000.00



Doula OFFERINGS *Continued*

Birthing COMPASS

The *Birthing Compass* package offers compassionate, resource-based support following a misbirth. This package is ideal for individuals seeking a caring companion, emotional support, and helpful resources during this tender time.

Includes:

On Call Support for client and partner

In home support following event

Light cleaning + cooking following event

Post check-up + 1 hour goal setting meeting

Resource List

\$875.00

Wildflower ENHANCEMENTS

Placenta Encapsulation

Includes the transportation, storing and processing of the placenta for consumption

\$300.00

Mama's Ritual Bundle

Celestial Sips Trio Tea Blends, Sacred Herbal Bath Blend, Nipple Balm, Bath Salt & Candle

\$150.00

Lotus Birth Herbal Bag

A special blend of herbs to preserve and dry the placenta following a lotus birth

\$45.00

Celestial Sips Tea Blend

Choose from the following options: Postpartum Recovery Blend, Mama Milky Way Blend, Rest & Restoration

\$20.00

Payment plans are available to ensure accessible and flexible support.